

Tai Chi News

太極拳

September 2008

Welcome Back

Blimey! How quickly has the “summer” gone? Hope you’ve enjoyed the weather and your time off. When the forecasters predicted the weather would be “cracking the flagstones” who would have guessed it would have been raindrops?

Please find below some scintillating facts for you about your favourite Saturday morning pastime. Read on....

Over the Summer Weeks

Just a few words about what has been going on over the weeks since you’ve been away.

Mr. Lei To Visit in 2009?

Bob has been putting together some plans to get Mr. Lei over to the UK in 2009. Nothing much more to report about this at the moment but you’ll be kept up to date about this as more information is known.

Sun Shi Taiji Association Goes International - Pro

The Association now has a Spanish arm. Based in Barcelona the instructor is Joan Hernandez Serret. More info about him and the class can be found on our website, www.sunshitaiji.com.

Bob is due to go out to Barcelona again on 17th October for another session. It is hoped that, in the very near future, an exchange programme will be set up with English practitioners from the various groups going over the Spain and some of Joan’s students coming here. More information to follow.

Sun Shi Taiji Association Goes International - Con

As you are no doubt aware, Mr. Lei, Bob and Peter contribute articles to the website. The quality of the articles is such that someone running another website in Tenerife downloaded the material, translated it into Spanish and published it on her site without referencing the author’s work. This situation has now been rectified.

Bob and Peter are Published Authors

For those of you interested, both Bob and Peter have recently had articles published. Bob has the first of three articles coming out in September’s edition of ‘Combat’ magazine. The article is a ‘Brief history of Sun Style Taiji’. Peter has had the first of two articles published in ‘Qi: The Journal of Traditional Eastern Health and Fitness’. It is called “Qigong: A Scientific Perspective”, that article focuses on the role of Qigong in health and the barriers from Western medicine preventing it being accepted into mainstream medicine. Congratulations to them both!

Dates for the Next Term

The new term will run from 30th August through to 18th October 2008.

Those 8 Saturdays are:

Week 1.....	30th August
Week 2.....	6th September
Week 3.....	13th September
Week 4.....	20th September
Week 5.....	27th September
Week 6.....	4th October
Week 7.....	11th October
Week 8.....	18th October

Fees

The fees for the 8 weeks will be £35.00 due on 30th August 2008. The breakdown of fees is:

8 Club Sessions @ £1.50 each.....	£12.00
4 Peter Sessions @ £2 each.....	£8.00
2 Bob Session @ £7 each.....	£14.00
Club Instructors @ £1.....	£1.00

	Total
	£35.00

Fees can be paid either by cash or by cheque made payable to *Fylde Chi Gong Association*.

When you pay your fees, please make sure the sheet gets signed. This is your record of payment.

Bob’s Workshops

The final sword workshop is going to be held on Saturday 13th September.

After the conclusion of the sword form there is an opportunity to ask Bob to do additional workshops on a particular topic(s). It is up to the group to organise this. Bob has offered to teach us anything we are capable of dealing with, we are the ones who will have to decide what to do. More information is available from Bob and Peter is here if there’s anything else you’d like to discuss. Again, the emphasis is on us, as a group, to organise Bob and get him to do the workshops.

Useful Contact Numbers

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- any information for newsletter	