



# SUN SHI TIMES

*“When you focus, It is easy to excel” – Sun Lu Tang*



## ANNOUNCEMENT

Due to the hard work of Ian Platt, Dave Pollard, Martin Brady, Peter Farrell and myself. I am pleased to announce that we are now taking pre orders for Mr Lei’s Short Form DVD. This is a great occasion for me and also for the Association and will be I hope one of a series of DVD on Sun Style Martial Arts.

We are working at keeping costs down to a minimum and it will retail to members of the Association for £12 and non Members at £15. If you would like to order your copy then please complete the form at the bottom of this newsletter and return it to your instructor.

Due to a few people deciding that they no longer wish to train on a Sunday

morning we are forced to move the class to Saturday mornings 7.30am till 9.30am, this will not interfere with the normal class but will I hope help as I will be there on a weekly basis to help as required and cover for Peter or Martin as well as my usual workshops. If there are any objections to the class being on a Saturday can you please see either myself or Peter and let us know how you feel, I do not wish to intrude into the group unless all are happy for me to.

If anyone feels that they would like to train a bit more in depth, they are welcome to visit the class and then decide if it is for them, the cost is £25 per month by standing order.

We still need support for the monthly

improver classes, it was unable to run through lack of support this month, it is your Association and I am willing to teach anything you need to improve, as always I will decide to keep the classes or not depending on the support I receive.

If anyone has ideas for something to learn in the Summer Break can you let Martin know, otherwise it will be normal Sat morning training.

Thank you all for your continued support and enthusiasm, I will be travelling to Beijing in Oct this year to train with Lei Laoshi, this would not be possible without all of you.



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**I WOULD LIKE TO PRE-ORDER THE FIRST  
SUN SHI TAIJI ASSOCIATION DVD OF MR LEI SHI TAI’S SHORT FORM  
AT A COST OF £12 PER COPY**

Name: .....

I would like to order ..... copies.

**If you want more information about the DVD before you purchase then please speak to an instructor.**